

# Craighelen Lawn Tennis and Squash Club



## COVID 19 RULES FOR ACCESSING CRAIGHELEN LAWN TENNIS AND SQUASH CLUB

Following on from the First Minister's announcement last week Tennis Scotland have updated guidance for tennis venues/players and coaches. The key changes are as follows:

### Venues

From 15 July, indoor hospitality, including clubhouses, which provide catering and bar services, can reopen providing they adhere to Scottish Government guidance.

However, the Board have taken the view that trying to manage this along with the cleaning requirements would be too problematic and costly for an unmanned club. **Therefore, the clubhouse and facilities will remain closed to members. This will be reviewed once any further relaxations are introduced i.e. playing of squash which happens inside the clubhouse.**

After 31 July inside gyms can reopen with physical distancing, therefore access to the Gym will be permitted through the clubhouse. CBF will provide suitable signage etc.

### Playing

Play may take place for adults with members of up to four different households, up to a maximum group of 15 people in total. Doubles play where partners are from different households is now permitted, as long as partners take mitigating actions to limit risks to the 2metre rule being compromised.

Both singles play and doubles play is permitted with people from outside of your household. Players from different households can now form a double pair, and so doubles now be played between members of four different households

For doubles, to ensure compliance with physical distancing is maintained, players should take mitigating actions to limit risks to the 2metre rule being compromised. This should include agreeing in advance which player will take the shot if a ball travels to the centre of the court;

You can exercise with members of your household, including children, or with members from up to 4 other households (or extended households), with a maximum of 15 people participating in total

Some other quick clarifications. Common surfaces remain an issue, so bags should be placed at the back of court (not at net posts) and we continue to undertake a range of measures to maintain safety for our

members. It appears you can now change ends between games (we are seeking specific clarity) with the advice given by the LTA that you should avoid doing so if possible but where it is not possible you should maintain social distancing while doing so (consider all moving clockwise round the court). Do not touch gates, fences, nets or net posts. And just to reaffirm, balls are no longer considered a common surface where there is mutual consent between the players on a court. You are of course free to mark your balls for individual use where you deem this a sensible protection for yourself.

**However, as ever, everyone is reliant on each other following the rules to reduce the risk of virus spread and to ensure we remain permitted to play tennis. Therefore, it is essential that all the previous measures regarding hygiene, physical distancing and medical guidance are complied with. Members must also guard against this being a “return to normal” as it is not.**

**Please note that courts must still be booked via club spark and for now there will be no return to normal social club sessions. Booking is an essential track and trace protection for all those playing. As a Club we believe this is an obligation we should stick to for the wider protection of our community. When you book a court please therefore record your name against the booking.**

## **Coaching**

One on one and group coaching is permitted if it is outdoors and physical distancing can be maintained. A coach should not deliver training to more than four other adult households per session, and no more than four other adult households in total per day, unless coaching children, which is excluded from the household allowance for coaching.

Children’s group coaching, camps and squads for those aged 17 and under are now permitted, in line with the LTA’s recommended coach:player ratios.

Adult coached sessions should be limited to groups comprising of no more than five households, including the coach

Junior group coaching can now take place for those aged 17 and under, without physical distancing, in line with the LTA’s recommended coach:player ratios. Coaches still need to physically distance from players at all times. Junior coaching is excluded from the personal household allowance for coaches

Clubs providing children’s activity must have a named ‘COVID Officer’ who will complete documented risk assessments and ensure all appropriate mitigations are put in place by the club before any children’s outdoor activity is undertaken

This may allow Felix to offer some junior coaching camps during the summer months.

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Craighelen Tennis & Squash Club

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